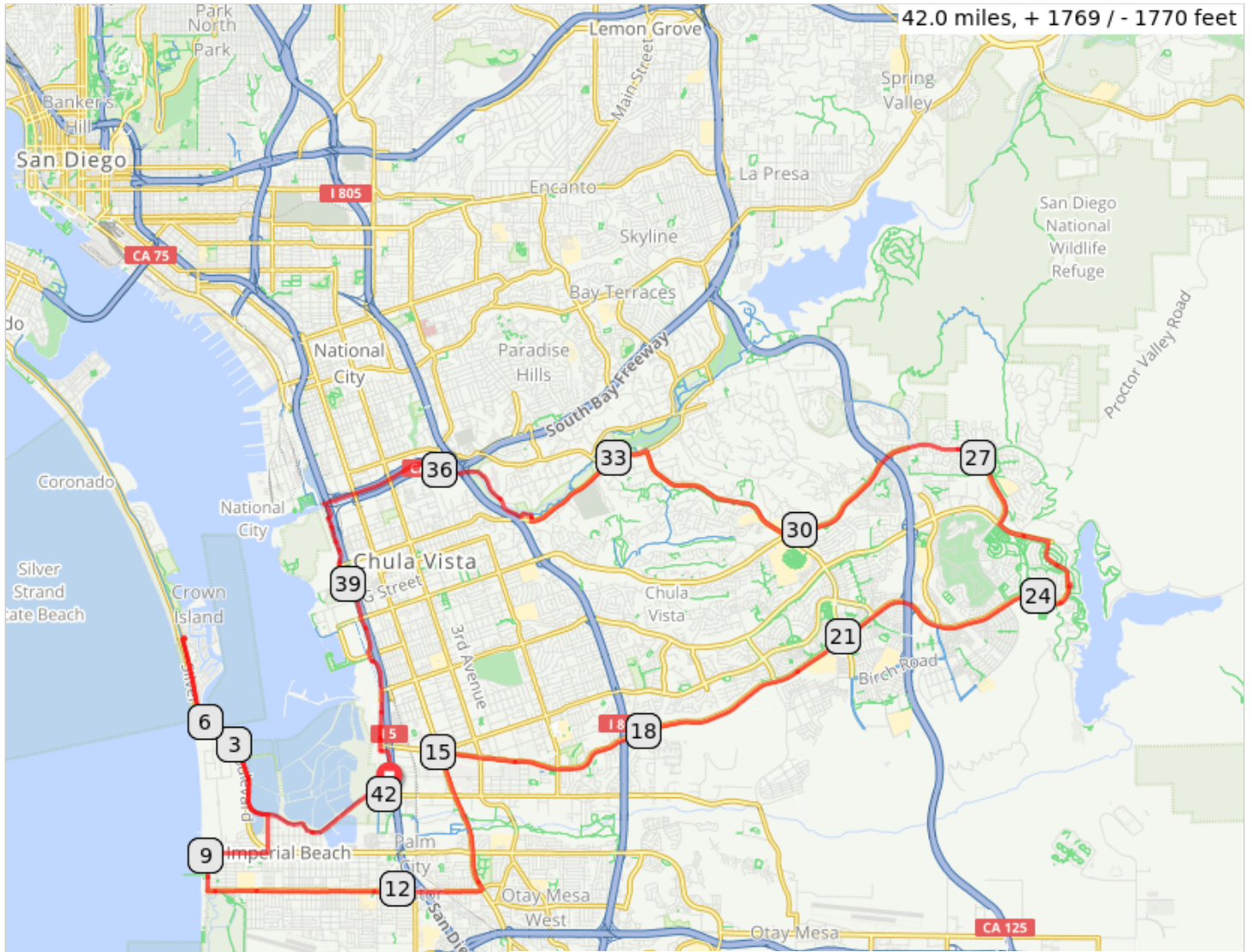


The Recovery Ride 40 Mile - Final



IMPORTANT INFORMATION:

- Babycakes Rest Stop closes: 11:30 am**
- Mountain Hawk Rest Stop closes: 12:30 pm**
- 40-mile Route Closes: 1:30 pm**

Enjoy the festival at Swiss Park and cheer on the returning riders. Thank you for riding in the 4th annual The Recovery Ride!



The Recovery Ride 40 Mile - Final

| Next | Dist | Type | Note |
|------|------|------|--|
| 0.0 | 0.0 | 📍 | Start of route |
| 0.0 | 0.0 | ← | Slight L onto Main St |
| 4.7 | 0.1 | ← | L onto Bayshore Bikeway |
| 0.0 | 4.7 | → | R onto Coronado Cays Blvd |
| 0.1 | 4.7 | ↑ | At the traffic circle, 3rd exit and stay on Coronado Cays Blvd |
| 2.8 | 4.8 | ← | L onto Bayshore Bikeway |
| 0.5 | 7.6 | → | R onto 7th Street |
| 0.8 | 8.1 | → | R onto Palm Avenue |
| 0.2 | 8.9 | ← | L onto Seacoast Drive |
| 0.0 | 9.2 | ψ | REST STOP: Babycakes |
| 0.3 | 9.2 | ↑ | Continue on Seacoast Dr |
| 1.6 | 9.4 | ← | L onto Imperial Beach Blvd |
| 2.1 | 11.0 | ↑ | Continue straight - becomes Coronado Ave |
| 1.0 | 13.1 | ← | L onto Beyer Blvd |
| 0.9 | 14.1 | ↑ | Continue onto Broadway |
| 0.1 | 15.0 | → | R onto Palomar St |
| 2.7 | 15.1 | → | R onto Orange Ave |
| 6.6 | 17.8 | ↑ | Continue straight - becomes Olympic Pkwy |
| 0.1 | 24.4 | ↑ | Continue onto Lake Crest Dr |
| 0.0 | 24.5 | → | R into parking lot |
| 0.1 | 24.5 | ψ | REST STOP: Mountain Hawk Park |
| 0.7 | 24.6 | → | R onto Lake Crest Dr |
| 0.7 | 25.3 | ← | L onto Otoy Lakes Rd |
| 1.1 | 26.1 | → | R onto Hunte Pkwy |

26.1 miles. +1304/-710 feet

| Next | Dist | Type | Note |
|------|------|------|---|
| 1.0 | 27.2 | ← | L onto Proctor Valley Rd |
| 2.1 | 28.1 | ↑ | Continue straight - becomes E H St |
| 2.4 | 30.2 | → | R onto Otoy Lakes Rd |
| 1.8 | 32.6 | ← | L onto Bonita Rd |
| 0.0 | 34.4 | ↑ | CAUTION: Slow to dismount just before Plaza Bonita Rd |
| 0.6 | 34.4 | → | CAUTION: R from sidewalk to enter Sweetwater Bikeway |
| 0.4 | 35.0 | ↑ | Continue on Sweetwater Bikeway |
| 2.3 | 35.4 | ← | Slight L to enter Bayshore Bikeway |
| 0.9 | 37.7 | → | CAUTION: Slow for sharp R onto Bayshore Bikeway |
| 2.6 | 38.7 | ↑ | Continue from bike path onto Bay Blvd |
| 0.1 | 41.3 | ← | L onto Stella St |
| 0.6 | 41.4 | ↑ | Continue as road turns R - becomes W Frontage Rd |
| 0.0 | 42.0 | ↑ | CAUTION - enter Swiss Park |
| 0.0 | 42.0 | i | CONGRATULATION S! You've completed The Recovery Ride! |
| 0.0 | 42.0 | 📍 | End of route |

THE RECOVERY RIDE JANUARY 20, 2019

SUPPORT NUMBERS:

Primary: 619/335-8858
 Andy 760/799-2280
 Jack 858/405-4833

In case of an emergency, call 911 and direct traffic around the scene.

16.0 miles. +318/-954 feet